

## Childcare Menu Week 2 - Week Commencing: 03.11.25

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

MORNING TEA

LUNCH

TEA

FTERNOON

 $\triangleleft$ 

# MONDAY

#### TUESDAY

## WEDNESDAY

### THURSDAY

#### FRIDAY



PEAR, CHEESE, CORN THINS & VEGGIE STICKS



MELON & KIWI W/
BLUEBERRY ORGANIC
YOGHURT & OATS



SPINACH & CHEESE DIP W/ TORTILLA & CRUDITES



TROPICAL FRUIT PLATTER
W/ ORGANIC MILK



BANANA & MELON W/ RASPBERRY ORGANIC YOGHURT



BEEF STROGANOFF W/ BROWN RICE & ZUCCHINI



WHOLEMEAL TUNA PASTA
BAKE
WHOLEMEAL CHICKEN
PASTA BAKE
W/ BROCCOLI



SPAGHETTI MEATBALLS W/ CHEDDAR CHEESE



MEAN GREEN MAC & CHEESE

W/ CARROT BATONS



SANDWICHES: CHICKEN, CUCUMBER & CHEESY SWEET CORN / ROAST BEEF, CHEESE & BAKED BEAN SUSHI: TERIYAKI BEEF & AVOCADO



CHEESY TOMATO
PINWHEEL W/ APPLE



MEXICAN BEAN NACHOS / MEXICAN BEAN BURRITO



STICKY DATE PUDDING
W/ ORANGES



BEEF & KALE SAUSAGE ROLLS



CHEESE& VITA WEATS
W/ TOMATO